



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|--|---|--|---|
| <p>Please check your daily activity table toppers on the dining room tables!</p> <p>Programs or locations may change at times.</p> <p>Programs/Outings may be cancelled due to unforeseeable circumstances.</p> |  | <p>Phil Mitton—Feb 3</p> <p>Robert Minister—Feb 3</p> <p>Ruth Reid— Feb 4</p> <p>Zita Vicic— Feb 5</p> <p>Evelyn Flatman— Feb 8</p> <p>Charlie Cunningham— Feb 8</p> <p>Gordon Hayter— Feb 10</p> <p>Adrienne Alphonse— Feb 13</p> | <p>Ann Floyd— Feb 14</p> <p>Gordon Watson—Feb 15</p> <p>Mary Franco—Feb 16</p> <p>Bill Wright— Feb 22</p> <p>Ken Ray— Feb 23</p> <p>Jack Simpson— Feb 26</p> <p>Barb Ramballie—Feb 27</p> | <p>1</p> <p>9:45 Fit as a Fiddle Exercise with Suzan (AR)</p> <p>9:45-12 Kindermusik (EL)</p> <p>10:00 Pet Therapy Visit (Lounge)</p> <p>10:30 Nickel Bingo w/ Falk (AR)</p> <p>1:30 Tuck Shop 1hour (FL)</p> <p>1:30 Yahtzee with Eryn (EL)</p> <p>2:00 Sing Along with Phyl (AR)</p> <p>3:00 Shuffleboard (AR)</p> <p>7:00 Pub Night Social with Eric Kidd (AR)</p> | <p>2 Program Chat</p> <p>9:45 Program Chat with Amber and Eryn (SR)</p> <p>10:30 VON Exercise Class (AR)</p> <p>1:30 Tuck Shop 1hour (FL)</p> <p>1:30 New Resident Meet & Great (AR)</p> <p>3:00 Shuffleboard (AR)</p> <p>7:00 Friday Night Lights: "Attack!"(NL)</p> <p>7:00 Euchre and Games (AR)</p> | <p>3</p> <p>10:00 Catholic Church Service (SR)</p> <p>10:30 Resident Run Exercise (AR)</p> <p>1:30 Afternoon Nickel Bingo with Falk (AR)</p> <p>2:00 Knitting with Betty (FL)</p> <p>3:00 Tea Time: Easy Listening Music with Falk (TR)</p> <p>3:00 Shuffleboard (AR)</p> <p>7:00 Hockey Night in Canada: Leafs @ Bruins (NL)</p> |
| <p>4 Superbowl Sunday!</p> <p>10:00 Scrabble (EL)</p> <p>10:30 Hole in One Mini Putt (SL)</p> <p>1:30 Billiards (SL)</p> <p>1:30 Heritage Baptist Church Service (AR)</p> <p>3:00 Tea Time (TR)</p> <p>6:30 Superbowl LII: Eagles vs. Patriots (NL)</p> <p>7:00 Bingo Night at the Terrace with Falk (AR)</p> | <p>5 Foot Care</p> <p>9:30 VON Exercise Class (AR)</p> <p>10:00 Current Events with Eryn (EL)</p> <p>10:30 Ladder Ball with Amber (AR)</p> <p>1:30 Tuck Shop (FL)</p> <p>2:00 Entertainment with Bruce Owen (AR)</p> <p>3:00 Hand Wax (SR)</p> <p>3:30 Lotto Bingo with Falk (AR)</p> <p>6:45 Shuffleboard (AR)</p> | <p>6</p> <p>9:45 Darts Competition (AR)</p> <p>10:45 Carpet Bowling (AR)</p> <p>1:30 Tuck Shop 1hour (FL)</p> <p>1:30 Floor Kurling (AR)</p> <p>2:30 VON Exercise Class (AR)</p> <p>3:00 Cribbage and Card Games with Eryn (AR)</p> <p>6:30 Nickel Bingo w/ Falk (AR)</p> <p>7:30 Evening Delight Movie: "Paddle to the Sea" (NL)</p> <p>7:30 Billiards (SL)</p> | <p>7</p> <p>10:00 Morning Spa with Eryn (EL)</p> <p>10:30 Sing Along w Lynn (AR)</p> <p>1:30 Tuck Shop 1hour (FL)</p> <p>1:30 Jeopardy with Eryn (EL)</p> <p>1:30 VON Exercise Class (AR)</p> <p>2:30 Horse Race Derby with Amber (AR)</p> <p>6:45 Shuffleboard (AR)</p> <p>7:00 Wednesday Evening Movie: "Addicted to Love" (NL)</p> | <p>8</p> <p>9:45 Fit as a Fiddle Exercise with Suzan (AR)</p> <p>9:45-12 Kindermusik (EL)</p> <p>10:00 Pet Therapy Visit (Lounges)</p> <p>10:30 Nickel Bingo w/ Falk (AR)</p> <p>1:00-3:00 AR IN USE FOR STAFF TRAINING</p> <p>1:30 Tuck Shop 1hour (FL)</p> <p>3:00 Shuffleboard (AR)</p> <p>7:00 Pub Night Social with Jimmy the Crooner (AR)</p> | <p>9 Olympic Opening Ceremonies</p> <p>10:00 Crafty Corner with Eryn (EL)</p> <p>10:30 VON Exercise Class (AR)</p> <p>1:30 Tuck Shop 1hour (FL)</p> <p>1:30 ST Olympic Party (AR)</p> <p>2:15 Horse Race Derby (AR)</p> <p>3:00 Shuffleboard (AR)</p> <p>7:00 Friday Night Lights: "Caine Mutiny" (NL)</p> <p>7:00 Euchre and Games (AR)</p> | <p>10</p> <p>10:00 Catholic Church Service (SR)</p> <p>10:30 Resident Run Exercise (AR)</p> <p>1:30 Afternoon Nickel Bingo with Falk (AR)</p> <p>3:00 Tea Time (TR)</p> <p>3:00 Shuffleboard (AR)</p> <p>7:00 Hockey Night in Canada: Leafs vs. Senators (NL)</p> |
| <p>11</p> <p>10:00 Scrabble (EL)</p> <p>10:30 Hole in One Mini Putt (SL)</p> <p>1:30 Billiards (SL)</p> <p>3:00 Tea Time: Easy Listening Music with Barb (TR)</p> <p>7:00 Bingo Night at the Terrace with Falk (AR)</p> | <p>12 Foot Care</p> <p>9:30 VON Exercise Class (AR)</p> <p>10:30 Shuffleboard (AR)</p> <p>1:30 Tuck Shop 1hour (FL)</p> <p>1:30 Horse Race Derby with Amber (AR)</p> <p>2:30 Olympic Bean Bag Toss with Eryn (AR)</p> <p>3:00 Hand Wax (SR)</p> <p>3:30 Lotto Bingo with Falk (AR)</p> <p>3:30 Group Crosswords with Eryn (EL)</p> <p>7:00 Karaoke Party with Eryn (AR)</p>  | <p>13 Wedding Photo Deadline</p> <p>10:00 Card Making with Eryn (AR)</p> <p>10:45 Olympic Carpet Bowling (AR)</p> <p>1:30 Tuck Shop 1hour (FL)</p> <p>1:30 Olympic Floor Kurling (AR)</p> <p>2:30 VON Exercise Class (AR)</p> <p>3:00 Cribbage and Card Games with Eryn (AR)</p> <p>6:30 Nickel Bingo w/ Falk (AR)</p> <p>7:30 Evening Delight Movie: "Temple Grandin" (NL)</p> <p>7:30 Billiards (SL)</p>  | <p>14 Be My Valentine Wedding Photos</p> <p>9:45 Olympic Darts Competition (AR)</p> <p>10:30 Sing Along with Lynn (AR)</p> <p>1:30 Tuck Shop 1hour (FL)</p> <p>1:30 VON Exercise Class (AR)</p> <p>2:30 Valentine's Dance with Patty and Karen (AR)</p> <p>6:45 Shuffleboard (AR)</p> <p>7:00 Wednesday Evening Movie: "Life Boat" (NL)</p>  | <p>15</p> <p>9:45 Fit as a Fiddle Exercise with Suzan (AR)</p> <p>9:45-12 Kindermusik (EL)</p> <p>10:00 Pet Therapy Visit (Lounges)</p> <p>10:30 Nickel Bingo with Falk (AR)</p> <p>1:30 Tuck Shop 1hour (FL)</p> <p>1:30 Olympic Washer Toss With Eryn (AR)</p> <p>3:00 Shuffleboard (AR)</p> <p>7:00 Pub Night Social with Ken Meyer (AR)</p>  | <p>16 Ladies Wine & Cheese</p> <p>9:45 Olympic Ladder Ball (AR)</p> <p>10:30 VON Exercise Class (AR)</p> <p>1:30 Tuck Shop 1 hour (FL)</p> <p>2:00 Ladies Wine and Cheese Please! (SR)</p> <p>3:00 Olympic Shuffleboard (AR)</p> <p>3:00 Story and Discussion with Eryn(NL)</p> <p>7:00 Friday Night Lights: "No Country for Old Men" (NL)</p> <p>7:00 Euchre and Games (AR)</p>  | <p>17</p> <p>10:00 Catholic Church Service (SR)</p> <p>10:30 Resident Run Exercise (AR)</p> <p>1:30 Afternoon Nickel Bingo with Falk (AR)</p> <p>2:00 Knitting with Betty (FL)</p> <p>3:00 Tea Time: Easy Listening Music with Falk (TR)</p> <p>3:00 Shuffleboard (AR)</p> <p>7:00 Hockey Night in Canada: Leafs @ Penguins (NL)</p> |
| <p>18</p> <p>10:00 Scrabble (EL)</p> <p>10:30 Hole in One Mini Putt (SL)</p> <p>1:30 Billiards (SL)</p> <p>3:00 Tea Time (TR)</p> <p>7:00 Bingo Night at the Terrace with Falk (AR)</p> | <p>19 Family Day</p> <p>9:30 Resident Run Darts Competition (AR)</p> <p>10:30 Cards and Games (EL)</p> <p>1:30 Billiards (SL)</p> <p>3:00 Tea Time (TR)</p> <p>3:30 Lotto Bingo with Falk (AR)</p> <p>6:45 Shuffleboard (AR)</p> <p>Happy Family Day!</p> | <p>20 Danny's Fish N' Chips</p> <p>9:45 Darts Competition with Amber (AR)</p> <p>1:30 Tuck Shop 1hour (FL)</p> <p>2:30 VON Exercise Class (AR)</p> <p>3:00 Cribbage and Card Games with Eryn (AR)</p> <p>6:30 Nickel Bingo w/ Falk (AR)</p> <p>7:30 Evening Delight Movie: "One Fine Day" (NL)</p> <p>7:30 Billiards (SL)</p>  | <p>21</p> <p>10:00 Shake Loose A Memory with Eryn (NL)</p> <p>10:30 Anglican Church Service and Hymn Sing (AR)</p> <p>1:30 VON Exercise Class (AR)</p> <p>1:30 Tuck Shop 1hour (FL)</p> <p>1:30 Group Boggle (EL)</p> <p>2:30 Olympic Horse Race Derby (AR)</p> <p>6:45 Shuffleboard (AR)</p> <p>7:00 Wednesday Evening Movie: "Because of Winn-Dixie" (NL)</p>  | <p>22 BPL Book Exchange</p> <p>9:45 Fit as a Fiddle Exercise with Suzan (AR)</p> <p>9:45-12 Kindermusik (EL)</p> <p>10:00 Pet Therapy Visit (Lounges)</p> <p>10:30 Nickel Bingo w/ Falk (AR)</p> <p>1:30 Let's Kick Those Winter Blues (AR)</p> <p>1:30 Tuck Shop 1hour (FL)</p> <p>3:00 Shuffleboard (AR)</p> <p>7:00 Pub Night Social with Dale McFarling (AR)</p>  | <p>23 Olympic Closing Ceremonies</p> <p>10:00 ST Closing Ceremonies (NL)</p> <p>10:30 VON Exercise Class (AR)</p> <p>1:30 Tuck Shop 1hour (FL)</p> <p>1:30 Salvation Army Church Service (AR)</p> <p>2:00 Men's Beer & Billiards (SL)</p> <p>3:00 Shuffleboard (AR)</p> <p>7:00 Friday Night Lights: "The Sand Pebbles" (NL)</p> <p>7:00 Euchre and Games (AR)</p> | <p>24</p> <p>10:00 Catholic Church Service (SR)</p> <p>10:30 Resident Run Exercise (AR)</p> <p>1:30 Afternoon Nickel Bingo with Falk (AR)</p> <p>3:00 Tea Time (TR)</p> <p>3:00 Shuffleboard (AR)</p> <p>7:00 Hockey Night in Canada: Leafs vs. Bruins (NL)</p> |
| <p>25</p> <p>10:00 Scrabble (EL)</p> <p>10:30 Hole in One Mini Putt (SL)</p> <p>3:00 Tea Time: Easy Listening Music with Barb (TR)</p> <p>7:00 Bingo Night at the Terrace with Falk (AR)</p> | <p>26 Birthday Party</p> <p>9:30 VON Exercise Class (AR)</p> <p>10:00 Who Am I Discussion with Eryn (EL)</p> <p>10:30 Bean Bag Toss with Amber (AR)</p> <p>1:30 Tuck Shop (FL)</p> <p>2:00 Birthday Party with Les Howard (AR)</p> <p>3:30 Lotto Bingo with Falk (AR)</p> <p>6:45 Shuffleboard (AR)</p> | <p>27 General Meeting</p> <p>9:45 Darts Competition with Amber (AR)</p> <p>10:45 Resident General Meeting (AR)</p> <p>1:30 Tuck Shop (FL)</p> <p>1:30 Floor Kurling with Amber (AR)</p> <p>2:30 VON Exercise Class (AR)</p> <p>3:00 Cribbage and Card Games with Eryn (EL)</p> <p>6:30 Nickel Bingo with Falk (AR)</p> <p>7:00 Evening Delight Movie: "Mary Poppins" (NL)</p> | <p>28</p> <p>10:00 Story and Discussion with Eryn (NL)</p> <p>10:30 Sing Along with Lynn (AR)</p> <p>1:30 Tuck Shop 1hour (FL)</p> <p>1:30 VON Exercise Class (AR)</p> <p>1:30 Jeopardy with Eryn (EL)</p> <p>2:30 Horse Race Derby (AR)</p> <p>6:45 Shuffleboard (AR)</p> <p>7:00 Wednesday Evening Movie: "Sister Act" (NL)</p> |  |  | |